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| **Contra Costa College** |

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| **Course Outline** |

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| **Department & Number** |  PE 135D | **Number of Weeks per term** | 18 |
|  **Course Title** |  Master Level Tennis  | **Lecture Hours per term** |  |
| **Prerequisite** | PE 135C Advanced Tennis | **Lab Hours per term** | 27-108 |
| **Co-requisite** |  | **\*HBA per term** |  |
| **Prerequisite or concurrently** |  | **Activity Hours per term** |  |
| **Challenge Policy**  | Demonstration of appropriate skills to instructor | **Units** | .5-2 |
| **Advisory** |  |

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| **\*HOURS BY ARRANGEMENT:** |  | Hours per term. |
|  **ACTIVITIES:** (Please provide a list of the activities students will perform in order to satisfy the HBA requirement): |
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| **COURSE DESCRIPTION** |

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| This course is designed to present each student with Master Level Tennis skills. Students will continue to improve the basic stroke skills developed in our beginning, intermediate and advanced tennis classes. In addition, students will learn the basic tactics of singles and doubles play and tennis fitness training. Students will also learn the history of tennis. |

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| **COURSE OBJECTIVES** |
| At the completion of the course the student will be able to: |

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| 1. Demonstrate improved tennis fitness. |
| 2. Demonstrate an understanding of the tactics of the game as they apply to playing both doubles and singles. |
| 3. Demonstrate sportsmanship including the qualities of leadership and fair play. |

 **COURSE CONTENT:** (In detail; attach additional information as needed and include percentage breakdown)

|  |  |  |
| --- | --- | --- |
| 50 | **%** | Master skill development |
| 10 | **%** | Participation in both class singles and doubles tournament |
| 30 | **%** | Class participation and competition |
| 10 | **%** | Skills covered in the beginner, intermediate and advanced tennis classes |

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| **METHODS OF INSTRUCTION** |

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| 1. Lecture and demonstration. |
| 2. Individual skill instruction. |
| 3. Handouts and videos. |
| **INSTRUCTIONAL MATERIALS** |

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| **Textbook Title:** | Tennis: Steps to Success |
|  **Author:** | Jim Brown |
|  **Publisher:** | Human Kinetics |
|  **Edition/Date:** | 3nd. Edition/2008 |

**NOTE:** To be UC transferable, the text must be dated within the last 5 years OR a statement of justification for a text beyond the last 5 years must be included.

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| **COURSE EXPECTATIONS** (Use applicable expectations) |

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|  **Outside of Class Weekly Assignments** | **Hours per week** |

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| Weekly Reading Assignments | 1 |
| Weekly Writing Assignments |  |
| Weekly Math Problems |  |
| Lab or Software Application Assignments |  |
| Other Performance Assignments | 3 |

 **STUDENT EVALUATION**: **(Show percentage breakdown for evaluation instruments)**

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| --- | --- | --- |
| 50 | **%** | Skill development |
| 10 | **%** | Class Tournament |
| 35 | **%** | Class participation  |
| 10 | **%** | Performance of skills covered in the beginner, intermediate and advanced tennis classes. |

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|  **GRADING POLICY (Choose LG, CR/NC, or SC)** |

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| x | **Letter Grade** |  | **Pass / No Pass** |  | **Student Choice** |
| 90% - 100% = A  | 70% and above = Pass | 90% - 100% = A |
| 80% - 89% = B  | Below 70% = No Pass  | 80% - 89% = B |
| 70% - 79% = C  |  | 70% - 79% = C |
| 60% - 69% = D  |  | 60% - 69% = D |
| Below 60% = F  |  | Below 60% = F |
| *or* |
| 70% and above = Pass |
| Below 70% = No Pass |

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| **Prepared by:** | Rudy Zeller |

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| **Date:** | 11/4/12 |

*Form Revised 10/09*